



Rob MacDonald
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Heroes: *People who speak their minds.*

Why I'm at inREACH: *To help young people learn how to help themselves.*

On my play-list: *Pearl Jam, Gaslight Anthem, Avett Brothers, Tragically Hip, etc.*

When I'm Off the Clock: *Spending time with my wife and son.*

Guilty Pleasure: *McDouble Cheeseburgers*

Contact Rob at rob@leadyourlife.ca